

INDIVIDUAL MALE RESULTS 2010

POSITION	RACE NR.	TIME	NAME	MEDAL
1	218	5.31.32	THEMBINKOSI MASONDO	GOLD
2	277	5.55.40	HUBHEKA MANGOBA	GOLD
3	272	6.06.50	CHRISTIAAN LOURENS	GOLD
4	274	6.32.09	JOSEPH HADEBE	GOLD
5	240	6.32.10	MELUSI MTSHALI	GOLD
6	210	6.37.40	RIAAN JOUBERT	SILVER
7	242	6.39.09	PIETER VAN DYK	SILVER
8	252	6.41.46	SANELE MTSHAU	SILVER
9	206	6.41.59	ANDRE VOSLOO	SILVER
10	217	6.50.40	ETIENNE CLAASEN	SILVER